

FOR IMMEDIATE RELEASE :

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**P & H MILLING GROUP
TO REPLACE FLOUR MILL**

The P & H Milling Group, a division of Parrish & Heimbecker Limited, have announced the building of a new milling unit in Acton, Ontario. This new milling unit, designed and built by Buhler Inc., will replace the Hayhoe mill in Woodbridge, Ontario that was lost in a fire that occurred in July, 2008, and will complement the existing milling unit in Acton. When completed in the fall of 2009, total capacity at the facility will be 8,000 cwts per day.

This additional milling capacity will further strengthen P & H's supply network and support regional growth. It will also provide additional opportunity to wheat farmers in the immediate and surrounding area.

The P & H Milling Group is a food products company with sales in Canada, the U.S.A. and internationally, with production facilities in Alberta, Saskatchewan, Ontario, Quebec and Nova Scotia.